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Towards Reliable Nuclear Matrix Elements for Neutrinoless Double Beta Decay with Ab initio Nuclear Theory

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Introduction

Neutrinoless double beta decay ($0v\beta\beta$) is a hypothetical decay with profound implication on neutrino physics and physics beyond the standard model. To extract relevant information from experiments, theoretical inputs in the form of nuclear matrix elements are required. Previous nuclear models used to calculate this quantity show a large discrepancy with no way of assessing their uncertainty, calling for a more fundamental approach: ab initio nuclear theory.

Neutrinoless Double Beta Decay

Ab initio nuclear theory can be summarized in two steps: **Constructing the nuclear potential with**

- Expansion of the nuclear Hamiltonian that can be systematically improved.
- Neglected orders are included via fitting of low-energy constants (LECs) to few-body observables.
- Weak process in which two neutrons decay into two protons by emitting two electrons.
- Violates lepton-number conservation.
- The half-life of the decay, $T_{0v}^{1/2}$, relates to the effective mass of the neutrino, m_{BB.} via

 $[T_{1/2}^{0\nu}]^{-1} = G^{0\nu} |M^{0\nu}|^2 \langle m_{\beta\beta} \rangle^2$

where G^{0v} is a phase-space factor and M^{0v} is the nuclear matrix element (NME).

The NME is composed of Gamow-Teller (GT), Fermi (F), Tensor (T) and a newly discovered contact (CT) parts as

 $M^{0\nu\beta\beta} = M^{0\nu\beta\beta}_{GT} - \left(\frac{g_{\nu}}{g_{\Lambda}}\right)^2 M^{0\nu\beta\beta}_F + M^{0\nu\beta\beta}_T - 2g_{\nu\nu}M^{0\nu\beta\beta}_{CT}$

Figure 1: Hierarchy of diagrams involved in xEFT interactions adopted from Machleidt, R. & Entem, D. R. Phys. Rep. 503, 1–75 (2011).

Solving Schrödinger's equation:

The valence-space formulation of the inmedium similarity renormalization group (VS-IMSRG) makes the many-body problem numerically tractable.





Ab initio Nuclear Theory

chiral effective field theory (xEFT)







Figure 2: Decoupling by the VS-IMSRG for two valence nucleons. Figure adopted from K. Tsukiyama, et al. Phys. Rev. C 85, 061304(R) (2012).

Current Status



Ab initio methods agree on the NMEs of the lightest double-beta decay candidates, while the experimentally relevant cases have been computationally inaccessible.



